

# 2016 McNally-Zinni

## Head Free Offensive & Defensive Line Teaching Camp

Emphasizing football techniques keeping  
the helmet out of direct contact and the head safe



**“Great football teams start with linemen with great techniques.”**  
- Jim “Mouse” McNally

**\*\* NOTE\*\* Video orientation with Coach McNally featuring Scott Peters, former NFL lineman and expert in the use of hands, will be held on Thursday and Friday at 4:30 PM in the auditorium. The video presentation is most important therefore, parents and coaches are encouraged to attend.**

**The latest NFL blocking techniques will be used.**

**ONLINE REGISTRATION IS ALSO AVAILABLE  
AT [www.coachmcnally.com](http://www.coachmcnally.com)**

**When: July 28,29,30 2016**

**Where: Cardinal O’Hara HS  
39 O’Hara Road  
Tonawanda, NY 14150**

**Who: Offensive & Defensive  
Linemen & Tight Ends  
(grades 9-12)**

**Time: Thursday –Friday  
4:30-8PM  
Saturday 9AM-12PM**

**Equipment: Shoulder Pads  
Helmets, Cleats, Sneakers  
& Mouthpieces**

**Contact: Dan Troy  
(716) 913 9310 Cell  
(716) 941 0430 Home  
[dpstroy@roadrunner.com](mailto:dpstroy@roadrunner.com)**

Please Complete Both Sides & Return with a \$40 Non-Refundable Deposit to:

McNally –Zinni Offensive & Defensive Line Teaching Camp, c/o Jackson Bowling 1489 Niagara Street, Buffalo, NY 14213

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ School Attending: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Grade Entering in September of 2016: (Circle One) 9th 10th 11th 12th

**PAYMENT ENCLOSED: (Make checks payable to Jackson Bowling)**

\$110.00 per camper (If Pre-registered by 7/20)      \$120.00 per camper after 7/20  
\$90.00 per camper (with 6 from same school)

## McNally-Zinni Camp Info:

**This will be a contact teaching camp and will feature hands on teaching by Coach McNally with up-to-date run blocking and pass blocking techniques. Defensive line play will also be taught. Emphasis will be on techniques ensuring safe football and concussion avoidance.**

### CAMP GOALS:

**To get the student-athlete the necessary fundamentals in the area of offensive & defensive line play**

### "Jim McNally"

Coach McNally has 43 Years of NFL and college coaching experience. Coach McNally is credited with the development and coaching of the greatest NFL offensive lineman, Anthony Munoz, while he was with the Cincinnati Bengals.

Coach McNally will personally be hands on with the lineman campers.

Coach McNally will be assisted by former 7 year NFL veteran Scott Peters owner of Safe Football and Hall of Fame high school coach Joe Shifflet. Area High School Coaches will also be participating.

### Individual Instruction:

#### OFFENSE

**Individual Instruction for Run Blocking:** Drive Block, Reach Block, Double Team and Shotgun snap

**Individual Instruction for Pass Blocking:** Drop Back

**Pass Blocking Techniques:** Stance, Footwork, Hand Placement, Body Control, Pass Blocking Drills

#### DEFENSE

**Individual Instruction for Defensive Line:** Stance, Stance and Start, Shed Blocks, Pursuit, Tackling

**Pass Rush Techniques and Combination Pass Rush Techniques**

---

#### Medical Form

Note: Your Insurance will be the primary source for coverage if your child is injured. [The camp insurance policy is a secondary coverage.]

**Insurance Company:**\_\_\_\_\_ **Policy Holder:**\_\_\_\_\_

**Policy Number:**\_\_\_\_\_ **Doctor's Name:**\_\_\_\_\_

**Date of Last Tetanus Booster Shot:**\_\_\_\_\_ **Any Known Injuries, Illnesses, or**

**Allergies:**\_\_\_\_\_

#### Parent/Guardian Statement:

I hereby give my above mentioned child permission to attend the McNally-Zinni Offensive and Defensive Line Teaching Camp. I verify, to the best of my knowledge, that my child is physically able to participate in activities of the camp.

In addition, I hereby state that Jim McNally and his representatives are not responsible for any pre-existing illness or injury of my child prior to the first day of camp.

I give my written permission to allow my child to be treated, if necessary, by a physician and/or trainer while attending.

Applying for acceptance, I waive and release all rights and claims for any and all damages against Camp Owner Jim McNally and its representatives. I hereby release and exonerate the camp and its employees from any injuries incurred at the camp or to/from the camp.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date