

JIM McNALLY 2013 RETREAT COLLECTION

About the Retreat:

On February 22 & 23, 2013, Jim McNally (Offensive Consultant – Cincinnati Bengals), Rich Erdelyi (Hybrid Wing T Specialist-Carnegie Mellon), Mike Bajakian (Spread Offense/Offensive Coordinator Tennessee), Kerry Coombs (Odd Front Defense/Special Teams/Ohio State) and Jay Niswonger (Run and Shoot Offense), spent 2 days in an intimate setting with a select number of coaches who registered and came to the Higher Ground Conference Center in Indiana.

The Retreat (27 hours of video) was professionally captured and edited to give you a front row seat to the Clinic. You may have not been able to make the retreat, but you can purchase this outstanding retreat collection to study over and over. If you run any form of Wing T, Option, Spread Offense, Zone, Odd Defense, Run and Shoot, or want to be up on the latest trends in special teams, then you need to grab this collection of DVD's. With Shipping, the 2013 Retreat Collection is priced less than \$10 per DVD. Below is DVD Information, with just a taste of Topics on Each DVD (the DVD's are about 2 hours each with many topics).

DVD – 1 – Jim McNally - Current Trends in Offensive Scheme (The Pistol/Jet Sweep, Multiple New Plays and Blocking Techniques)

DVD – 2 – Mike Bajakian- The Spread Offense Part I (The Passing Game)

DVD – 3 – Mike Bajakian - The Spread Offense Part II (The Run Game in the Spread)

DVD – 4 – Mike Bajkian - The Spread Offense Part II (The Snag Concept, Play Action Pass Game)

DVD – 5 – Mike Bajkian - The Spread Offense Part IV (Redzone Offense and Pass Concepts)

DVD – 6 – Rich Erdelyi - The Hybrid Wing T Offense Part I (Run and Pass Game)

DVD – 7 – Rich Erdelyi - The Hybrid Wing T Offense Part II (Run and Pass Continued, The Either Or Game and the Audible System)

DVD – 8 – Rich Erdelyi- They Hybrid Wing T Offense Part III (Attacking in the Redzone, Practice Organization, and Game Planning)

DVD – 9 – Kerry Coombs - Coverage Concepts - Cover 3 and Quarters Coverage

DVD – 10 – Kerry Coombs - Special Teams (Punt-Punt Return - KO - KOR)

DVD – 11 – Kerry Coombs - The Odd Front Defense (Fronts, Alignments, Blitz, Coverage)

DVD - 12 - Jay Niswonger - The Run and Shoot Offense Part I - Putting the Run in the Shoot

DVD 13 - Jay Niswonger - The Run and Shoot Offense Part II - The Basis of the Run and Shoot Offense, The Passing Game

DVD 14- Jay Niswonger - The Run and Shoot Offense Part II - The Screen Game and the Gangster Offense

JIM McNALLY RETREAT SERIES DVD SET

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2013 Retreat Series DVD Collection (DVD's 1 to 15) _____ \$130 _____

2012 Retreat Series DVD Collection (DVD's 1 to 11) _____ \$60 _____

2011 Retreat Series DVD Collection _____ \$60 _____

2010 Retreat Series DVD Collection _____ \$40 _____

ENTIRE DVD Set _____ \$450 _____

(Teaching Series Set and Retreat Series DVDS)

Teaching Set (which is 3000), and all Retreat DVD's (290), a \$140 savings.

Total Amount Enclosed: _____

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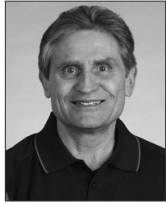
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Jim McNally



Teaching Series



Jim McNally
Offensive Line
31 Years NFL Experience
15 Years Collegiate Experience
46 Total Years of Coaching Experience

Throughout coach Jim McNally's career he was one of the most highly regarded position coaches in the League. Coach McNally made an immediate impact on every team when hired to coach their offensive line.

With the Bills in 2005, McNally helped second-year tackle Jason Peters develop into a starter. Peters, an undrafted free agent and former tight end at Arkansas, started the final nine games of the season at right tackle and the offensive line paved the way for Willis McGahee's career-high 1,247 yards.

With the Bills in 2004, McNally tutored an offensive line that limited opponents to 38 sacks, the lowest number allowed by a Bills team since 1998. Also with the Bills, McNally's line paved the way for McGahee to rush for 1,128 yards and 13 touchdowns in 11 starts.

Prior to retiring from the NFL with the Bills, McNally coached the offensive line for the New York Giants (1999-03) and helped maintain offensive line success with little personnel continuity on the line during his tenure.

In 2000, McNally guided an offensive line with three new players to a successful season which culminated in the Giants' rise to the NFC Championship. Prior to joining the Giants, McNally coached the offensive line for the Carolina Panthers (1995-98) and the Cincinnati Bengals (1980-94).

In McNally's time at Carolina, the Panthers advanced to the NFC Championship game in the team's second season of existence.

Jim's longest tenure was as the offensive line coach for the Cincinnati Bengals. In his time at Cincinnati, McNally helped establish one of the most potent rushing attacks in the League between 1986-90. He coached Hall of Fame offensive tackle Anthony Munoz and the Bengals advanced to the Super Bowl two times during his tenure.

Before entering the NFL coaching ranks, McNally coached the offensive line at Wake Forest (1978-79), Boston College (1975-77), and Marshall (1971-74).

Jim initiated his coaching career at his alma mater, the University at Buffalo, and coached there for six seasons (1965- 70).

Originally from Buffalo, McNally played guard at the University at Buffalo from 1961-64 and the combination of his playing career and his coaching expertise earned him a spot in the university's Hall of Fame.

Now retired from Coaching, Jim is nationally known for his clinics on offensive line coaching, which he conducts in the off-season.

Jim is now dedicated in providing coaches of all levels his coaching strategies of all facets of Offensive Line in a professional and affordable teaching DVD Series.

Don't miss this opportunity to learn from the one of best in the comfort of your home or office, over and over for the price of going to a clinic!!

ABOUT THE DVD SERIES...

Since I stepped away from coaching in January of 2008, I have been as busy as ever, traveling the country and working with high school, college, and NFL teams as a consultant for all aspects of Offensive Theory and, of course, Offensive Line play. During the 2010 & 11 season, I worked as a consultant with the New York Jets. Beginning in 2012, I started as a consultant with the Cincinnati Bengals.

I am truly committed to helping coaches of all levels with the coaching points and knowledge of the game I have developed from 43 years on the sideline as a coach in the college and NFL ranks.

This new juncture in my career has been a great opportunity to work with coaches of all levels in the clinic and consulting setting, providing hints and tips about Offensive Philosophy and Offensive Line play. In this time period, there has been a tremendous interest in putting my coaching points and theory on DVD. In working with people I trust, I found an affordable way to bring all I know to you in a professional, step-by-step teaching series. This is just a starting point, but it is a tremendous fundamental base for Offensive Line play and Offensive Theory.

I look forward to your feedback and suggestions on topics for future DVD's and seeing you on the Clinic circuit. I hope this 16 Piece Teaching Set is a great help to you as I believe it will be!

TEACHING SERIES DVD HIGHLIGHTS

Introduction to Run

Stance - Splits - Levels - Duck Demeanor

Basic Run Blocking Techniques Part I

Blocking on the Angle - Head Position - Jump Turn - Phases of Contact (Dbl Under/ Lazy Forearm / Rip / Shoulder Pry / Hand Check)

Basic Run Blocking Techniques Part II

Ways to Finish - (Climb / Climb & Shove / Climb & Torque / Resetting the Hat) - Lateral Footwork - Set Turnout - Backside Blocking - Blocking LB's - Blocking in Space

Basic Pass Blocking Part I

Kick Step - Target - 3/5 Tech Defender - Punching (Point Peck / Point Counter / Point Under / Dbl Under / Resetting the Point Hand) - Stretching the Outside Shade - Tight 3 Tech - Post Step - Post & Cross Shove

Basic Pass Blocking Part II

Jumping - Tackle Pass Sets and Angles - The Bull Rush - Center Pass Blocking Techniques - DBP Drills

Introduction to Zone Theory

Mid Zone - Inside Zone - Outside Zone - Wide Zone - Backside

Zone Theory/Best Package

Mid Zone Weak - Wide Zone Strong - Blocking Fronts

Double Teams and Plays with Double Teams

Versus Different Type Defenders - Techniques - The Duo Play - Power Play - Iso - Lead Draw

Important Additions to Earlier Topics

The Medicine Ball - Lateral Footwork - Square Blocking - New Pass Protection Ideas

Voice Over Drill DVD

Voice Over Demonstration of Many of Coach McNally's Staple Drills. To help in Teaching Technique and Building your Individual Teaching Periods for Practice.

Current Trends in Offense Line Play Clinic Presentation

Coach McNally's Presentation from the 2009 Annual Offensive Line Clinic. The focus of the presentation is solving problems line coaches face in a number of schemes, plays, and techniques from research over the past year while working with programs of all levels.

Advanced Techniques from Coach McNally's Updated Research: Run Blocking

Power Angles - Feet - New Duck Drill - Splits - Backside Blocking Techniques - Toe Step - Power Hook - Fast Feet - Kick & Hold - Jet Tech - Bluffs & Much More.

Advanced Techniques: Pass Blocking & Labeling 3 Man Fronts for Pass Protection Rules

Knees - Pigeon Toe on Angle A/B - Getting to the Spot - # of Kicks - Pivoting - Keying the Near Arm - Bull Rush - Cutting Pressure - Identifying 3 Man Fronts for Pass Protection Rules.

New Misdirection Plays "The Scissor & Handback Series"

Bob Scissors - Bob U Scissors - Bob Both Scissors - Bob Sniper vs Under - Handback Plays.

Rules & Techniques for Blocking Inside, Outside, and Wide Zone Plays

Premises of Zones - Problem Fronts - The Inside, Outside, and Wide Zone Plays versus Multiple Fronts with Techniques - Solving Problem Fronts - Zone vs the Bear Defense - G Force on Wide Plays - Tackle Pull Techniques on Wide Plays.

Enhancements and Adjustments to Earlier Topics

Foot Fire - Tight Hands - The 2nd Step - Square Blocking - Splittage - Tackle Adjustments for the 3-4, Overlapping, Backside Blocking Techniques

JIM McNALLY TEACHING SERIES DVD SET

Name: _____

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Entire Teaching DVD Set (DVD's 1 to 16) _____ \$260
2013 Retreat DVD Collection _____ \$130
2012 Retreat DVD Collection _____ \$60
2011 Retreat DVD Collection _____ \$60
2010 Retreat DVD Collection _____ \$40
ENTIRE Collection (Teaching set, 2010, 11, 12, 13 Retreats) _ \$450

**Send me the Following Individual DVD's
 Individual DVD's are \$25 Each**

DVD 1	Introduction to Run	_____
DVD 2	Basic Run Blocking Techniques	Part I _____
DVD 3	Basic Run Blocking Techniques	Part II _____
DVD 4	Basic Pass Blocking Part I	_____
DVD 5	Basic Pass Blocking Part II	_____
DVD 6	Introduction to Zone Theory	_____
DVD 7	Zone Theory/Best Package	_____
DVD 8	Double Teams	_____
DVD 9	Important Additions to Earlier Topics	_____
DVD 10	Voice Over Drill DVD	_____
DVD 11	Current Trends in Offense Line Play Clinic Presentation	_____
DVD 12	Advanced Techniques from Coach McNally's Updated Research: Run Blocking	_____
DVD 13	Advance Techniques: Pass Blocking & Labeling 3 Man Fronts for Pass Protection Rules	_____
DVD 14	New Misdirection Plays "The Scissor & Handback Series"	_____
DVD 15	Rules & Techniques for Blocking Inside, Outside, and Wide Zone Plays	_____
DVD 16	Enhancements and Adjustments to Earlier Topics	_____

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